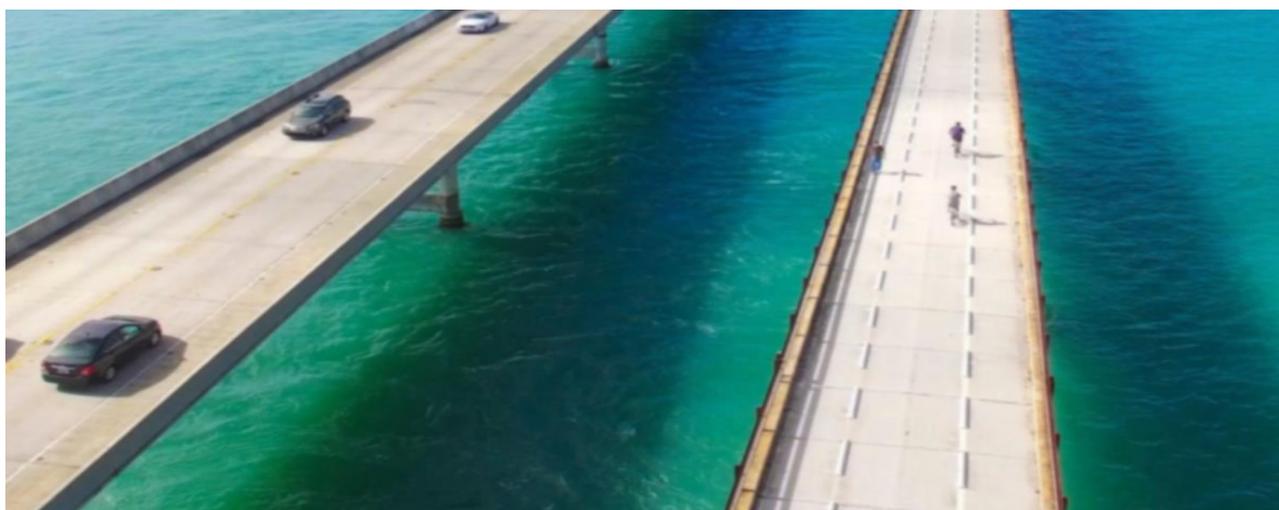


# 2020



## DISTRICT 11 HEALTH PROFILE

### A DATA SNAPSHOT OF MIAMI-DADE AND MONROE COUNTIES

Mission: The Health Council of South Florida (HCSF) is to be the source of unbiased health and quality of life data and analysis; the preferred partner for quality program planning, management, evaluation, and community services; the facilitator of collaboration and partnerships in Miami-Dade and Monroe counties; and the trusted champion for ethical and targeted healthcare policy at the local, state, and national levels.

# INTRODUCTION

The Health Council of South Florida (HCSF) District 11 Health Profile shows key social determinants of health indicators that reflect or contribute to health and wellness in Miami-Dade and Monroe counties. Miami-Dade and Monroe county’s health indicators are comparable to other counties, state and national data, hence, Healthy People 2030. However, there are disparities in various health conditions among population or people groups based on race, ethnicity, sex, age, education and income.

Indicators are grouped into eight (8) general sections with an attempt to capture the top ten (10) leading causes of death and high-cost Emergency Department visits for District 11.

- Population Demographics
- Social and Economic Indicators
- Health Care Access and Utilization
- Maternal and Child Health
- Crime and Public Safety
- Measures of Health Status (e.g., life expectancy)
- Infectious Diseases (e.g., COVID-19)
- Behavioral and Mental Health

### How Is This Information Useful?

Indicators presented in this report contribute to a comprehensive picture of the health of the community in Miami-Dade and Monroe counties that are relevant and useful to state government and community-based organizations working to make a positive impact on policy or service changes.

# ABOUT HCSF

The HCSF is one of eleven local health councils created by S 408.033 to coordinate health services planning across the state. Serving District 11 (Miami-Dade & Monroe Counties), HCSF offers a variety of contracted services. Let our team of experienced and knowledgeable staff help you on your next project!

SERVICES	PROGRAMS
Community Health Needs Assessments (CHNAs)	Ryan White Care Part B: Monroe County
Hospital Needs Assessments (990 Requirement)	Miami Matters Data Platform
Customized Health Data Report Cards	Health Insurance Open Enrollment/Marketplace Assistance
Program/Project Evaluation	Housing Opportunities for Persons with AIDS (HOWPA)
Data Gathering, Analysis and Reporting	Miami-Dade Health Action Network (M-DHAN)
Grant Research, Writing and Management	Healthy West Kendall (Data Dashboard)
Quality Assurance and Improvement	Community Connections Program
Coalition and Partnership Building	Southeast Florida Cancer Control Collaborative (SFCCC)

For questions regarding this report, for more information associated with the additional analysis, or to purchase the full report, please email the HCSF at [healthcouncil@healthcouncil.org](mailto:healthcouncil@healthcouncil.org)

**Disclaimer:** All data elements included in this report derive from the most recent data available for publication. The inclusion of information prior to 2019 is the result of data being released and published according to different reporting cycles, which usually precedes the current reporting year of this report (2019); such as the quarterly hospital utilization reports published by the Agency for Health Care Administration (fourth quarter 2019 hospital utilization report will be available for publication after May 2020). In addition to the information depicted in this report, zip code and GIS mapping analysis for Miami-Dade and Monroe counties could also be conducted for: communicable diseases, demographics, Emergency Department utilization, hospital utilization, household income, leading causes of death, and maternal and infant health indicators.

POPULATION <sup>1</sup>		MIAMI-DADE	MONROE	FLORIDA
Total Population Estimate		2,792,176	75,011	21,908,282
Black or African-American		458,401	5,184	3,572,369
Hispanic or Latino		1,996,774	20,086	5,912,122
White		2,118,455	65,341	15,877,105
Asians		42,739	1,113	645,401
American Indian/Alaskan Native		5,836	371	90,662
Native Hawaiian/Pacific Islander		689	69	16,470
SEX	Male	1,356,376	38,997	10,706,704
	Female	1,435,800	36,014	11,201,578
AGE	>5	157,522	3,368	1,170,611
	5-20	503,928	10,025	3,925,870
	21-34	510,088	11,291	3,792,577
	35-64	1,146,177	32,077	8,294,834
	65+	474,461	18,250	4,610,505
SOCIAL AND ECONOMICS <sup>2</sup>		MIAMI-DADE	MONROE	FLORIDA
High School Diploma or Higher (%)		81.4%	91.4%	88.2%
Median Household Income (\$)		\$51,347	\$70,033	\$55,660
Persons Below Poverty		426,559	7,348	2,727,672
Unemployment Rate (%)		38.7%	41.0%	43.8%
ACCESS TO CARE <sup>3,4</sup>		MIAMI-DADE	MONROE	FLORIDA
Uninsured - 16 and older (%)		16.3%	20.4%	13.2%
Medicaid Eligible		796,506	11,675	4,846,412
MATERNAL AND CHILD HEALTH <sup>5</sup>		MIAMI-DADE	MONROE	FLORIDA
Total Resident Live Births		30,258	650	220,010
Medicaid Births		46.7%	39.9%	36.3%
Teen Birth Rate (%)		11.4%	12.3%	16.2%
Preterm Birth Rate (%)		10.0%	8.6%	10.6
Low Birthweight (%)		8.2%	6.9%	8.8%
Cesarean Deliveries (%)		47.0%	39.7%	36.5%
CRIME AND PUBLIC SAFETY <sup>6</sup>		MIAMI-DADE	MONROE	FLORIDA
Total Violent Crimes		13,129	297	81,092
Homicide Deaths (%)		7.6%	1.4%	6.7%
Domestic Violence Offenses (Per 100,000)		288.3	468.2	495.1

HEALTH CARE ACCESS AND UTILIZATION <sup>7</sup>	MIAMI-DADE	MONROE	FLORIDA
Life Expectancy	82.3%	80.0%	79.7%
Heart Disease Death Rate (Per 100,000)	279	256	277
Dental ER Visit Rate (Per 100,000)	312.2	643.7	735.2
Mental Health ER Visits (Per 100,000)	1080.8	905.8	1026.6
Unintentional Injury Deaths (Per 100,000)	28.3	70.5	55.5
HIV/AIDS Death Rate	4.7	2.0	2.8
Infant Death Rate	4.7	1.5	6.0

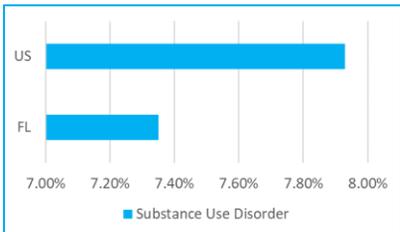
INFECTIOUS DISEASES <sup>8, 9</sup>	MIAMI-DADE	MONROE	FLORIDA
<b>COVID-19</b>			
At least 1 Dose	89.7%	80.9%	81.4%
Fully Vaccinated	72.3%	66.9%	65.5%
New HIV Diagnosis Rate (Per 100,000)	41.7	24.6	21.6
Bacterial Infections	814.3	415.0	758.0
Chlamydia	522.5	283.9	525.5

## BEHAVIORAL/MENTAL HEALTH<sup>10,11</sup>

**BABIES BORN WITH NEONATAL ABSTINENCE SYNDROME**  
1,375

**OPIOID DEATHS**  
4,294

American Adults Report Having a Substance Use Disorder, 2019



**UNINTENTIONAL NON-FATAL DRUG OVERDOSE ED VISITS**  
33,070

**DRUG OVERDOSE DEATHS**  
5,577

### TOP 10 LEADING CAUSES OF DEATH in District 11 and Florida<sup>12</sup>

Heart Disease
Cancer
Stroke
Alzheimer's Disease
Chronic Lower Respiratory Disease
Unintentional Injury
Suicide
Diabetes
Parkinson's
Kidney Disease

### Barriers to Mental Health Care<sup>13</sup>

- Shortage of mental health providers
- High cost for treatment
- Lack of insurance coverage

### Top 10 ED Visits<sup>14</sup> (list of high-cost diseases/conditions)

1. Symptoms & Ill-Defined Conditions (unspecified)
2. Injury and Poisoning
3. Diseases of the Digestive System
4. Reproductive and Urinary Diseases
5. Diseases of the Respiratory System
6. Musculoskeletal System and Connective Tissue
7. Circulatory System Diseases
8. Pregnancy, Childbirth, and Postpartum
9. Diseases of the Nervous System
10. Mental and Behavioral Health Disorders

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# MIAMI MATTERS



## MEASURING WHAT MATTERS IN MIAMI-DADE COUNTY

Miami Matters, an initiative of the Health Council of South Florida, serves as a dynamic, interactive web-based intelligence platform with publicly available information that provides easy to understand health, environmental and other quality of life indicators for Miami-Dade County. This online web application serves as a roadmap for collaborative community planning and links its visitors to promising or evidence-based practices and resources that encourage and promote informed community action. This online data dashboard may be used by:

Consultants/Grant Writers  
Government Agencies  
County Health Departments

Legislators  
Community-Based Organizations  
Hospitals

Health/Social Service Providers  
Researchers  
Community Health Centers

To explore Miami Matters, visit the website: [www.MiamiDadeMatters.org](http://www.MiamiDadeMatters.org)