2021

HCSF
Health Council of South Florida, Inc.

DISTRICT 11 HEALTH PROFILE

A DATA SNAPSHOT OF MIAMI-DADE AND MONROE COUNTIES

Mission: The Health Council of South Florida (HCSF) is to be the source of unbiased health and quality of life data and analysis; the preferred partner for quality program planning, management, evaluation, and community services; the facilitator of collaboration and partnerships in Miami-Dade and Monroe counties; and the trusted champion for ethical and targeted healthcare policy at the local, state, and national levels.

INTRODUCTION

The Health Council of South Florida (HCSF) District 11 Health Profile shows key social determinants of health indicators that reflect or contribute to health and wellness in Miami-Dade and Monroe counties. Miami-Dade and Monroe county's health indicators are comparable to other counties, state and national data, when available. However, disparities in various health conditions among population or people groups based on race, ethnicity, sex, age, education and income must be considered when observing data.

Indicators are grouped into thirteen (13) general sections with an attempt to capture the top ten (10) leading causes of death and high-cost Emergency Department visits for District 11.

- Population Demographics
- Social and Economic Indicators
- Access to Care
- Maternal and Child Health
- Crime and Public Safety
- Health Care Utilization
- Preventive Health
- Infectious Diseases (e.g., COVID-19)
- Behavioral Health and Substance Use
- Diversity
- Measures of Health Status
- Seniors
- Miscellaneous

ABOUT HCSF

How Is This Information Useful?

Indicators contribute to a comprehensive picture of the health of the community in Miami-Dade and Monroe counties and this report is relevant and useful to state government and community-based organizations working to make a positive impact on policy or service changes.

The HCSF is one of eleven local health councils created by S 408.033 to coordinate health services planning across the state. Serving District 11 (Miami-Dade & Monroe Counties), HCSF offers a variety of contracted services. Let our team of experienced and knowledgable staff help you on your next project!

SERVICES	PROGRAMS
Community Health Needs Assessments (CHNAs)	Ryan White Care Part B: Monroe County
Hospital Needs Assessments (990 Requirement)	Miami Matters Data Platform
Customized Health Data Report Cards	Health Insurance Open Enrollment/Marketplace Assistance
Program/Project Evaluation	Housing Opportunities for Persons with AIDS (HOWPA)
Data Gathering, Analysis and Reporting	Miami-Dade Health Action Network (M-DHAN)
Grant Research, Writing and Management	Healthy West Kendall (Data Dashboard)
Quality Assurance and Improvement	Community Connections Program
Coalition and Partnership Building	Southeast Florida Cancer Control Collaborative (SFCCC)

For questions regarding this report, for more information associated with the additional analysis, or to purchase the full report, please email the HCSF at healthcouncil@healthcouncil.org

Disclaimer: All data elements included in this report derive from the most recent data available for publication. The inclusion of information prior to 2021 is the result of data being released and published according to different reporting cycles, which usually precedes the current reporting year of this report (2021); such as the quarterly hospital utilization reports published by the Agency for Health Care Administration (fourth quarter 2021 hospital utilization report will be available for publication after May 2022). In addition to the information depicted in this report, zip code and GIS mapping analysis for Miami-Dade and Monroe counties could also be conducted for: communicable diseases, demographics, Emergency Department utilization, hospital utilization, household income, leading causes of death, and maternal and infant health indicators.

POPULATION[1]	MIAMI-DADE	MONROE	FLORIDA
Total Population Estimate	2,758,636	74,725	21,976,313
Black or African-American	450,402	5,353	3,587,728
Hispanic or Latino	1,974,449	20,187	6,117,090
White	2,095,573	64,898	15,901,505
Asian	41,483	1,116	642,063
American Indian/Alaskan Native	5,759	310	91,374
Native Hawaiian/Pacific Islander	678	70	16,719
SEX	Male	1,341,202	38,727	10,738,425
	Female	1,417,434	35,998	11,237,888
AGE	Less than 5	156,155	3,258	1,154,837
	5-17	402,972	8,225	3,142,919
	18-34	591,218	13,061	4,522,721
	35-64	1,127,595	31,455	8,306,128
	65+	480,696	18,726	4,849,708

SOCIAL AND ECONOMICS[2]	MIAMI-DADE	MONROE	FLORIDA
High School Diploma or Higher	81.8%	91.9%	88.5%
Median Household Income	$53,975	$72,012	$57,703
Persons Below Poverty	15%	10.2%	12.4%
Unemployment Rate	4.1%	2.9%	4.8%

ACCESS TO CARE[3,4]	MIAMI-DADE	MONROE	FLORIDA
Uninsured - 16 and older	16.2%	17.1%	12.7%
Medicaid Eligible	897,360	13,362	5,334,402

MATERNAL AND CHILD HEALTH[5]	MIAMI-DADE	MONROE	FLORIDA
Total Resident Live Births	27,663	677	209,645
Medicaid Births	43.6%	35.3%	46.8%
Teen Birth Rate (Ages 15-19) (Per 1,000)	10.2	12.4	15
Preterm Birth Rate	9.6%	9%	10.5%
Infant Death Rate (Per 1,000 Live Births)	4.1	3	5.8
Cesarean Deliveries	45.7%	37.5%	35.9%

CRIME AND PUBLIC SAFETY[6]	MIAMI-DADE	MONROE	FLORIDA
Total Violent Crimes	13,129	297	82,941
Homicide Deaths	224	4	1,285
Domestic Violence Offenses (Per 100,000)	263.7	452.3	493.2

HEALTH CARE UTILIZATION[7]	MIAMI-DADE	MONROE	FLORIDA
Dental ER Visit Rate (Per 100,000)	177.3	312.9	462
Mental Health ER Visits (Per 100,000)	511.4	602.9	547.5

PREVENTIVE HEALTH[8]	MIAMI-DADE	MONROE
Cholesterol Screening in the Past 5 Years	85.3%	86.4%
Routine Checkup in the Past Year	74.7%	74.0%

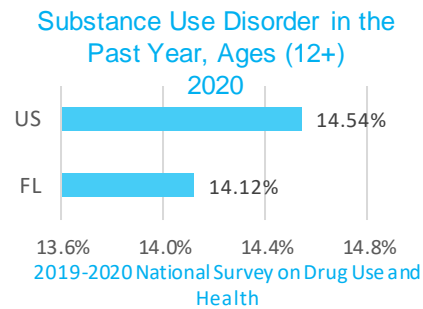| INFECTIOUS DISEASES[9,10]	MIAMI-DADE	MONROE	FLORIDA
COVID-19			
At least 1 Dose	95%	95%	80.2%
Fully Vaccinated	86.1%	79.1%	67.7%
At least 1 Booster	34.7%	40%	41.8%
Sexually Transmitted Disease Rate (Per 100,000)	721.8	301.5	702.7
New HIV Diagnosis Rate (Per 100,000)	28.4	21	16.2
HIV/AIDS Death Rate (Per 100,000)	3.8	3.2	2.7

BEHAVIORAL HEALTH/SUBSTANCE USE (District 11)[11,12]

BABIES BORN WITH NEONATAL ABSTINENCE SYNDROME (FL)
1,121

FATAL OPIOID OVERDOSES
346

EMS NON-FATAL OVERDOSE RESPONSES
5,980

FATAL ALL DRUG OVERDOSES
493

Substance Use Disorder in the Past Year, Ages (12+) 2020

US 14.54%
FL 14.12%

13.6%   14.0%   14.4%   14.8%
2019-2020 National Survey on Drug Use and Health

TOP 10 LEADING CAUSES OF DEATH
in District 11[13]

Heart Disease
Cancer
COVID-19
Stroke
Alzheimer's Disease
Diabetes
Unintentional Injury
Chronic Lower Respiratory Disease
Hypertension
Influenza and Pneumonia

Barriers to Mental Health Care[14]
- Shortage of mental health providers
- High cost for treatment
- Lack of insurance coverage

Top 10 ED Visits[15]
(list of high-cost diseases/conditions)

1. Symptoms, Signs, and Ill-Defined Conditions
2. Injury and Poisoning
3. Diseases of the Respiratory System
4. Musculoskeletal System & Connective Tissue
5. Diseases of the Digestive System
6. Diseases of the Genitourinary System
7. Pregnancy, Childbirth, Puerperium
8. Diseases Of The Skin & Subcutaneous Tissue
9. Infectious & Parasitic Diseases
10. Mental, Behavioral & Neurodevelopmental Disorders

DIVERSITY[16]	MIAMI-DADE	MONROE	FLORIDA
Language Spoken Other than English at Home	75.0%	22.1%	29.4%
Speak English Only at Home	25.0%	77.9%	70.6%
Speak English less than "Very Well" at Home	34.5%	10.4%	11.8%
Speak Spanish at Home	66.3%	17.3%	21.8%
Foreign Born Naturalized US Citizens	59.0%	52.1%	57.2%

MEASURES OF HEALTH STATUS[8,17]	MIAMI-DADE	MONROE
Life Expectancy	81.9	81.4
Adults with Poor Physical Health	14.5%	12.4%
Obesity Prevalence	29.9%	30.2%
Cancer (Excluding Skin Cancer)	5.0%	6.2%
High Blood Pressure	28.9%	27.2%
High Cholesterol	27.2%	27.2%
Diabetes	13.8%	9.8%
Binge Drinking (18+)	17.7%	23.2%
COPD	5.4%	6.1%
CHD	5.4%	5.4%
Chronic Kidney Disease	3.5%	2.7%
Current Smoking	13.6%	17.1%
Fair or Poor Self Rated Health	25.5%	19.0%
Diagnosed Depression	15.8%	18.2%
No Leisure Time For Physical Activity	33.7%	26.7%
Stroke	3.1%	2.9%

SENIORS[16]	MIAMI-DADE	MONROE
Seniors (65+) Living Alone	10.1%	13.0%

MISCELLANEOUS[16]	MIAMI-DADE	MONROE	FLORIDA
Suboptimal Housing	48.9%	43.4%	35.3%
Households with Internet Subscription	80.0%	85.7%	85.4%
Average Time to Work (Minutes)	32.5	18.4	27.9
Households with No Vehicle	10.1%	7.4%	6.1%
Household Rent Burden	63.6%	59.8%	56.4%
Average Family Size	3.57	2.72	3.23
Median Workforce Age	41.7	43.3	40.9
Renter-occupied Housing Units	48.4%	40.9%	33.8%
Owner-occupied Housing Units	51.6%	59.1%	66.2%

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MIAMI MATTERS

Objective & Reliable Community Health Data — **Strategic Health Planning** — **Effective Evaluation** — **Partnership Development & Enhanced Collaboration** — **Program & Project Administration** — **Capacity Building & Technical Assistance**

MEASURING WHAT MATTERS IN MIAMI-DADE COUNTY

Miami Matters, an initiative of the Health Council of South Florida, serves as a dynamic, interactive web-based intelligence platform with publicly available information that provides easy to understand health, environmental and other quality of life indicators for Miami-Dade County. This online web application serves as a roadmap for collaborative community planning and links its visitors to promising or evidence-based practices and resources that encourage and promote informed community action. This online data dashboard may be used by:

Consultants/Grant Writers	Legislators	Health/Social Service Providers
Government Agencies	Community-Based Organizations	Researchers
County Health Departments	Hospitals	Community Health Centers

To explore Miami Matters, visit the website: www.MiamiDadeMatters.org

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